



## LPN to RN Competencies

The following list refers to LPN/LVN competencies.

These are **required** to enter the ARNEC Program.

<p style="text-align: center;"><b>Assisting with Elimination</b></p> <ul style="list-style-type: none"> <li>Administering an enema</li> <li>Applying external catheter</li> <li>Providing bed pan/urinal</li> <li>Monitoring intake and output</li> <li>Removal of fecal impaction (understanding)</li> <li>Catheterization and care</li> <li>Removal of catheter</li> <li>Suprapubic catheter care</li> <li>Urinary diversion care</li> <li>Colostomy care</li> </ul>	<p style="text-align: center;"><b>Parenteral Medication Administration</b></p> <ul style="list-style-type: none"> <li>Reconstitution of med from a powder form</li> <li>Mixing medication from a vial</li> <li>Subcutaneous injections</li> <li>Intradermal injections</li> <li>Intramuscular injections</li> <li>Drawing up med from an ampule</li> </ul>
<p style="text-align: center;"><b>Basic Sterile Techniques</b></p> <ul style="list-style-type: none"> <li>Sterile Field preparation</li> <li>Sterile gloving</li> <li>Surgical Scrub and gowning</li> </ul>	<p style="text-align: center;"><b>Physical Assessment</b></p> <ul style="list-style-type: none"> <li>Circulation checks</li> <li>Skin checks</li> <li>Neuro checks</li> <li>Lung sounds</li> <li>Bowel sounds</li> </ul>
<p style="text-align: center;"><b>Enteral Nutrition</b></p> <ul style="list-style-type: none"> <li>Administering a tube feeding</li> <li>Inserting a nasogastric tube</li> <li>Checking placement of a nasogastric tube</li> <li>Flushing a nasogastric tube</li> <li>Removal of a nasogastric tube</li> </ul>	<p style="text-align: center;"><b>Professional Nursing Practice</b></p> <ul style="list-style-type: none"> <li>Documentation</li> <li>Reporting</li> <li>Delegation (LPN Scope of Practice)</li> </ul>
<p style="text-align: center;"><b>Facilitating Communication</b></p> <ul style="list-style-type: none"> <li>Nurse-patient relationship</li> <li>Interviewing</li> <li>Therapeutic Communication</li> </ul>	<p style="text-align: center;"><b>Promoting Hygiene</b></p> <ul style="list-style-type: none"> <li>Bathing</li> <li>Making occupied/unoccupied bed</li> <li>Hair/shampoo/shaving</li> <li>Foot/nail care</li> <li>Denture/oral care</li> <li>Feeding a dependent patient</li> </ul>
<p style="text-align: center;"><b>Intravenous Access</b></p> <ul style="list-style-type: none"> <li>Initiating an IV</li> <li>IV Fluid administration</li> <li>Initiating a Piggy Back</li> <li>IV Push medications</li> <li>Blood draws</li> <li>Saline lock</li> <li>Discontinuing IV</li> </ul>	<p style="text-align: center;"><b>Promoting Oxygenation</b></p> <ul style="list-style-type: none"> <li>Oxygen administration</li> <li>Airway – invasive (understanding)</li> <li>Airway Trach/endotracheal tube</li> <li>Airways (oral and nasal)</li> </ul>



<p style="text-align: center;"><b>Lab Tests</b></p> <p>Urinalysis          Gastrointestinal content alterations          Sputum specimen          Nose/throat cultures          Wound drainage specimens          Blood glucose monitoring</p>	<p style="text-align: center;"><b>Safety</b></p> <p>Fall prevention          Applying restraints          Transfers/repositioning          Ambulation (gait belt)          Range of Motion          Mechanical Lifts          Assistive devices          Anti-embolic stockings          Continuous Passive motion</p>
<p style="text-align: center;"><b>Medical Aseptic Techniques</b></p> <p>Hand hygiene          Non-sterile gloving          Applying Personal Protective Equipment</p>	<p style="text-align: center;"><b>Vital Signs</b></p> <p>Temperature          Pulse (apical/radial)          Respirations          Blood pressure          Pulse Oximetry          Pain</p>
<p style="text-align: center;"><b>Non –Parenteral Medication Administration</b></p> <p>Safe Medication Administration (6 rights)          Oral          Nasogastric/gastric tube          Topical          Eye/ear          Metered dose inhaler          Small volume nebulizer          Rectal/vaginal</p>	<p style="text-align: center;"><b>Wound care</b></p> <p>Surgical wound care          Drainage device monitoring/measuring          Removal of sutures/staples/apply steri-strips          Pressure ulcer treatment          Dressings/binders/bandages          Wound vacuum/closure          Heat/cold therapy          Warm Moist compress</p>